




Year 7 Remote Learning Plan – Term 3, Week 1

This plan outlines what work has been set for you each day. Teachers are available on MS Teams  at the listed times only to help with the work and with using the online platforms. If you need to ask a question outside of these times, please email your teacher.

Students working from home can choose what order to complete the work each day in line with any household routines and to support families that need to share devices. All completed work needs to be submitted by Friday of each week.

How to use this plan:

The icons listed on your timetable are all links  to the MS Teams for each subject. Simply click  on the icon and it will take you to the MS Teams group for that subject.

Once there, you will find instructions on the work your teacher has set for you to complete. This will be available to access all week.








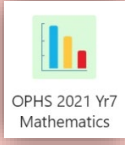

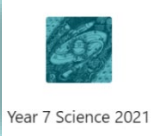
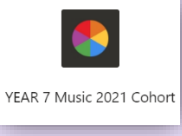
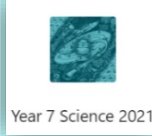




You can find the teacher's email  by clicking  the blue name under each subject.

Need extra help?

OPHS has an online learning hub available for Year 7 students on MS Teams.

Here you can speak to [Ms Nand](#) and [Ms Steph](#) for additional support, during school hours.



Monday		Tuesday	Wednesday	Thursday	Friday
Get dressed, eat a healthy breakfast and brush your teeth. Now you are ready for learning!					
9.00 - 10.15		Assembly Mr Mitchell 	English Ms Gates 	History Ms Kirkman 	English Ms Gartside 
		Technology Ms Luppino 	Mathematics Ms Tran 	Technology Ms Fraser 	Mathematics Ms Tran 
Take a break, get moving, stretch your body and have a healthy snack and a drink of water.					
12.00 - 1.15		Visual Arts Ms Wrona 	Science Ms Raju 	Music Mr Biddle 	Science Ms Raju 
		History Ms Kirkman 	PDHPE Ms Rysko 	PDHPE Ms Rysko 	Assembly Mr Mitchell 
Look after your body and your mind, choose a relaxing activity you enjoy.					