




Year 7 Remote Learning Plan – Term 4, Week 1

This plan outlines what work has been set for you each day. Teachers are available on MS Teams  at the listed times only to help with the work and with using the online platforms. If you need to ask a question outside of these times, please email your teacher.

Students working from home can choose what order to complete the work each day in line with any household routines and to support families that need to share devices. **All completed work needs to be submitted by Friday of each week.**

Please check your student emails regularly for updated information and links to the pre-recorded assemblies.

How to use this plan:

The icons listed on your timetable are all links  to the MS Teams for each subject. Simply click  on the icon and it will take you to the MS Teams group for that subject. Once there, you will find instructions on the work your teacher has set for you to complete. This will be available to access all week.

Lessons showing a  icon have a live online meeting – please join with your microphone muted. 

Need extra help?

OPHS has an online learning hub available for Year 7 students on MS Teams.

Here you can speak to Ms Nand and Ms Steph for additional support, during school hours.

jaya.nand2@det.nsw.edu.au

stephanie.shilling8@det.nsw.edu.au



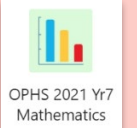

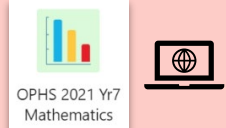



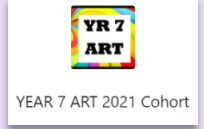

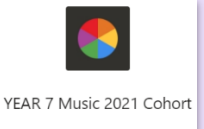

	Monday	Tuesday	Wednesday	Thursday	Friday
--	--------	---------	-----------	----------	--------


Get dressed, eat a healthy breakfast and brush your teeth. Find a quiet spot ready for learning.

9.00 - 10.15	Science Ms Pellegrino samantha.pellegrino2@det.nsw.edu.au  Year 7 Science 2021	Music Mr Biddle brendan.biddle2@det.nsw.edu.au  YEAR 7 Music 2021 Cohort	English Ms Gates eliza.gates@det.nsw.edu.au  Year 7 English 2021	History Ms Kirkman janelle.kirkman@det.nsw.edu.au  Year 7 History ONLINE LEARNING 2021	English Ms Gartside constance.gartside@det.nsw.edu.au  Year 7 English 2021
----------------------------------	---	---	---	---	---

Take a break, get moving, stretch your body and have a healthy snack and a drink of water.

10.45 - 12.00	PDHPE Ms Rysko georgie.rysko1@det.nsw.edu.au  2021 Year 7 PDHPE - Online Learning	Technology Ms Luppino amanda.luppino3@det.nsw.edu.au  Year 7 Technology Mandatory (Tech) 2021	Mathematics Ms Tran kathy.tran44@det.nsw.edu.au  OPHS 2021 Yr7 Mathematics	Technology Ms Luppino amanda.luppino3@det.nsw.edu.au  Year 7 Technology Mandatory (Tech) 2021	Mathematics Ms Schultz lynette.schultz@det.nsw.edu.au  OPHS 2021 Yr7 Mathematics
-----------------------------------	--	--	---	--	---

12.00 - 1.15	English Ms Gates eliza.gates@det.nsw.edu.au  Year 7 English 2021	Visual Arts Ms Wrona celeste.kola@det.nsw.edu.au  YEAR 7 ART 2021 Cohort	Science Ms Pellegrino samantha.pellegrino2@det.nsw.edu.au  Year 7 Science 2021	Music Mr Biddle brendan.biddle2@det.nsw.edu.au  YEAR 7 Music 2021 Cohort	Science Ms Pellegrino samantha.pellegrino2@det.nsw.edu.au  Year 7 Science 2021
----------------------------------	--	--	--	--	--

	Join online for a check in with your peers and teachers. 				
--	---	--	--	--	--

1.45 - 3.00	Mathematics Ms Tran kathy.tran44@det.nsw.edu.au  OPHS 2021 Yr7 Mathematics	History Ms Kirkman janelle.kirkman@det.nsw.edu.au  Year 7 History ONLINE LEARNING 2021	PDHPE Ms Rysko georgie.rysko1@det.nsw.edu.au  2021 Year 7 PDHPE - Online Learning	PDHPE Ms Rysko georgie.rysko1@det.nsw.edu.au  2021 Year 7 PDHPE - Online Learning	Visual Arts Ms Verter antonella.verter@det.nsw.edu.au  YEAR 7 ART 2021 Cohort
---------------------------------	---	---	--	--	--